



## Runners of Arlington Park!

Level beginners to marathoners and your friends, come join the runners of Arlington for weekly runs in our development to stay motivated to exercise and train while meeting new people and making new friends.

Sidewalks are marked on the path in 1/4 mile increments.

Meet at the Arlington Park Clubhouse lower lot :

Tuesdays 6pm  
 Wednesdays 9am  
 Thursdays 6am

Can't wait to see you there!

Primary Route = 2 ½ Miles —————  
 Extension 1 = 1 1/3 Miles - - - - -  
 Extension 2 = .9 miles —————

Start @ the clubhouse entrance walking/running towards Brittany Village entrance ¼ mile, continue toward Litchfield ½ mile, Litchfield @ Jefferson track ¾ mile, towards tennis court 6-7 you have reached the 1-mile marker, continue towards Tewksbury & Greenwich 1 ¼ miles towards tunnel#2 you have reached the 2-mile marker continue on towards S. Arlington 2 ¼ mile back to the clubhouse entrance your have walked/or ran 2 ½ miles- Congratulations!